

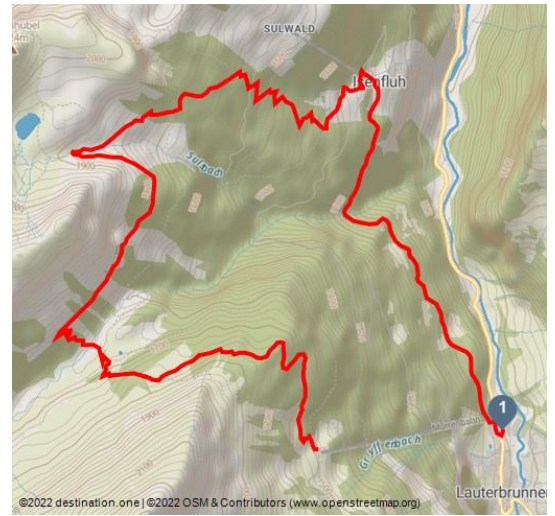


Lauterbrunnen - Isenfluh - Saustal - Grütschalp

Hiking Trail



Jungfrauabnahmen Management AG



Tour Dates:

12,2 km Distance	5 h 2 min Duration	1245 m Altitude	558 m Altitude descending
1872 m Highest Point	801 m Lowest Point		



Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

The good level of fitness required to complete this hike is rewarded with a wonderful nature experience. Follow the signs on the alp trail until you reach the small village of Isenfluh. From here, the trail leads over sunny Alpine meadows and through a ruggedly picturesque mountain forest. A narrow mountain trail continues through a moderately exposed field of scree to the huts at Sausläger (please note - this trail is suitable for surefooted hikers only). Romantic Saustal Valley; Further on, the trail crosses the Sausbach, a stream winding its stately way through the pristine alp floor. The wide, shingle-carpeted riverbed is ideal for playing in and damming and the Saustal Valley opens up a variety of views and perspectives of the snow-capped icons of the Bernese Alps. An easy ascent leads you to the junction at Sausläger, from where you can hike to the tiny yet idyllic Lake Röschwaldsee. Through the trees you can catch stunning glimpses of Schynige Platte and Isenfluh. A varied, undulating trail follows the slope, leading after a short

Ratings:

★★★★☆ Panorama

Address:

3822 Lauterbrunnen

Organisation:

Jungfrauabnahmen Management AG
<https://www.jungfrau.ch/>



Scan QR-Code to save this page offline, share with friends and more.

<https://s.et4.de/z2RTd>



while into the forest and from there into the valley and the descent to Grütschalp station.

Source: outdooractive.com

ID: oaTour_23429693

Last changed on 23.08.2023, 09:26

Startpoint:

Lauterbrunnen, Wengernalp railway station

Destinationpoint:

Grütschalp, Bergstation Mürrenbahn

Directions:

Lauterbrunnen - Isenfluh - Saustal - Grütschalp

Safety Guidelines:

Bergwanderweg mit einzelnen leicht ausgesetzten Passagen. Nur für trittsichere Wanderer geeignet.

Equipent:

Normale Wanderausrüstung, Wanderschuhe mit griffiger Sohle.

Getting There:

Via Bern oder Luzern nach Interlaken. Oder von Süden via Grimselpass (nur im Sommer) oder via Simplonpass und Lötschberg-Autoverlad nach Interlaken. Dann den Schildern nach Lauterbrunnen folgen.

Parking:

Parkhaus Lauterbrunnen direkt am Bahnhof oder der ungedeckte Parkplatz bei der Kirche.

Public Transit:

Via Bern oder Luzern nach Interlaken-Ost. Umsteigen auf die Berner Oberland-Bahn nach Lauterbrunnen.

Additional Information:

Wanderung 53

(in der gedruckten Sommer Panoramakarte der Jungfrauabahn)

