Willkommen in der Ferienregion Interlaken
Welcome to the Holiday Region Interlaken
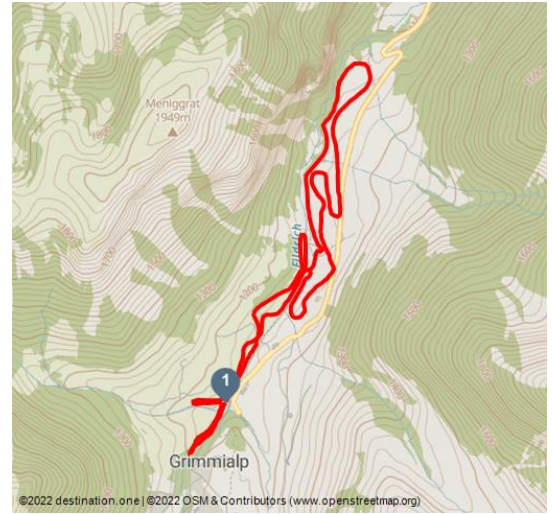Bienvenue dans la Région de Vacances Interlaken
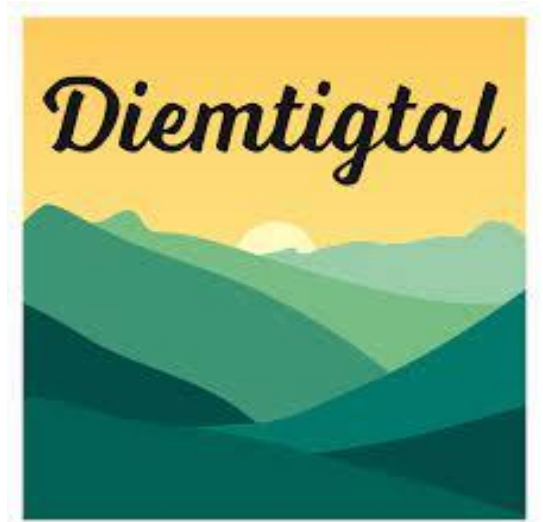
Tiermatti cross-country ski trail

Cross-Country Skiing

Unterwegs auf der Tiermatti Loipe - © Céline Perren, Naturpark Diemtigtal

Tour Dates:

easy **Difficulty**	8 km **Distance**	1 h **Duration**	159 m **Altitude**
159 m **Altitude descending**	1185 m **Highest Point**	1120 m **Lowest Point**	

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

The cross-country ski trails in the Diemtigtal lead you through forests, along icy mountain streams and over snow-covered mats on 22 kilometres of classic and skating trails.

The circuit between Grimmialp and Zwischenflüh offers various starting points and lets you put together your own tour as you wish. The Diemtigtaler cross-country trails lead you along mountain streams, through snow-covered forests and over untouched meadows and let you glide weightlessly and rhythmically through the snow.

The Tiermatti trail leads over flat, technically easy terrain. On the one hand, the trail runs along the huge debris cone of the Balmigraben, where the farms of the Thiermatten (now Tiermatti) are located, and on the other hand in the area of a

Ratings:

★☆☆☆☆ Kondition
★☆☆☆☆ technique
★★★☆☆ Erlebnisqualität
★★★★☆ Panorama

Author:

Rahel Mazenauer

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silted-up former lake, the Seebode. It is the sunniest of the three Diemtigtal cross-country ski trails.

This is what cross-country skiing costs:
Cross-country ski pass Switzerland: Fr. 160
Season ticket Diemtigtal: Fr. 80
Weekly ticket Diemtigtal: Fr. 50
Cross-country ticket (day ticket): Fr. 12
Sales points:
Diemtigtal Nature Park, Oey
Stucki Sport, Zwischenflüh
René Burkhard, Schwenden
Erb-Sport, Schwenden
Hotel Restaurant Spillgerten, Schwenden
By the way, you can also pay with TWINT at all entry points and points of sale.

Digital ticket via the "Langlaufpass" app:
> App Store
> Google Play Store

Organisation:

Naturpark Diemtigtal
https://www.diemtigtal.ch/

Scan QR-Code to save this page offline, share with friends and more.

https://s.et4.de/S4PXd

Source: outdooractive.com
ID: oaTour_37904293
Last changed on 11.06.2024, 08:08

Startpoint:

Geissbode car park, Schwenden

Destinationpoint:

Geissbode car park, Schwenden

Directions:

The circuit starts at the Geissboden school (Schwenden) and leads over Seeboden in varied loops to Tiermatti. After a short descent, you reach the turnaround point in Staldenmaad before climbing back up towards Grimmialp on a new route. Back in Geissboden, a short extension leads you to Buechi before you finally return to the starting point. Follow the tracked trail and the turquoise signposting.

Extension options

From Staldenmaad transition to Wiriehorn trail

From Buechi transition to Grimmimutz trail

Equipent:

Cross-country ski pass or cross-country ski ticket, sticks, skis and suitable boots, clothing appropriate to the weather (we recommend the onion-skin principle), food and drinks for the trail

Cross-country skiing equipment for hire

Erb-Sport

Egg 52

3757 Schwenden

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T 079 651 05 40 / 077 432 98 10

info@erbsport.ch

www.erbsport.ch

Stucki Sport (only classic equipment)

Riedli 11

3756 Zwischenflüh

Phone 033 684 14 42

Tip:
Get tips & tricks and book your private cross-country skiing lesson:
www.loipediemtigtal.ch

Getting There:
Motorway A6 Bern direction Zweisimmen, 1 km after the Simmenfluhtunnel turn left direction Diemtigtal. Follow the Diemtigtal road into the valley for 18 km in the direction of Grimmialp, Schwenden. The starting point of the trail is opposite the old schoolhouse.

Parking:
Paid parking is available at the old Schwenden school building.

Public Transit:
By train to Oey-Diemtigen. Then by post bus to the stop "Schwenden i.D., Fildrichbrücke".

Additional Information:
Flyers with an overview map are available from the Diemtigtal Nature Park office.

Diemtigtal Nature Park

Bahnhofstrasse 20

3753 Oey

Phone +41 33 552 26 00

info@diemtigtal.ch

www.diemtigtal.ch

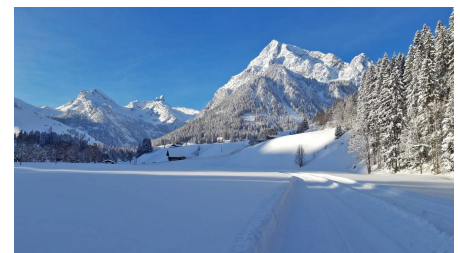**Open or closed?**

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Find out in our > winter sports report

Die Langlaufskis bereit für ihren Einsatz - © Rahel Mazenauer, Naturpark Diemtigtal

Langlaufen mit atemberaubender Aussicht
- © René Burkhard, Naturpark Diemtigtal

Verschneite Wälder und Weiden warten auf
dich - © Céline Perren, Naturpark Diemtigtal

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Interlaken Tourismus

Thunersee – Brienzersee