

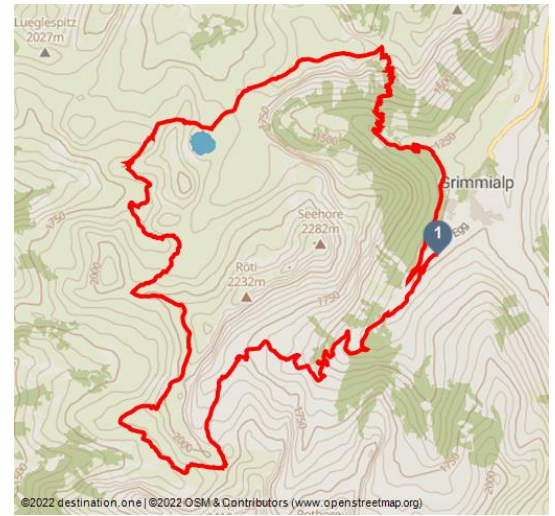


Around the Seehore

Hiking Trail



Mit etwas Glück entdeckst du ihn: den Steinbock - © Martin Wymann, Naturpark Diemtigtal



Tour Dates:

medium Difficulty	22,3 km Distance	8 h 15 min Duration	1416 m Altitude
1416 m Altitude descending	2069 m Highest Point	1224 m Lowest Point	



Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

A huge palette of natural diversity awaits you. Our tip: Leave room for your own impressions and discoveries and sharpen your eye for the inconspicuous.

Enjoy the silence of the mountain world and head for the Spillgerte nature reserve. As soon as you reach the "Alpetli", it's worth pausing every now and then to look at the rocks of the "Seehore" with your binoculars. Can you spot the ibexes and chamois? From "Scheidegg" you are in the municipal area of Zweisimmen. After the climb along the "Fromatt" ridge, you have completed the most strenuous part of the hike. A short snack at the Stierenberg mountain inn is almost obligatory. Continue around the "Muntiggalm" to the popular lake Seeburg: the lake surrounded by rockslide boulders, stone pines, spruces and dwarf shrubs is your last stop before the upcoming descent. The popular excursion destination is very busy on peak days - as soon as you discover it, you know why.

Ratings:

- ★★★★☆ Kondition
- ★★☆☆☆ technique
- ★★★★★ Erlebnisqualität
- ★★★★★ Panorama

Address:

3757 Diemtigen



On your return to the starting point, enjoy the mountain panorama to the full: You will hardly find a more varied landscape on a high-altitude hike.

Startpoint:

Senggiweid (Grimmialp), Schwenden

Destinationpoint:

Senggiweid (Grimmialp), Schwenden

Directions:

Follow the trail from "Senggiweid" via "Würzi" to "Alpetli". From here you reach pass "Scheidegg" and follow the mountain trail via "Fromatt" to the Stierenberg mountain inn. Around the "Muntiggalm" or as a shortcut on the direct route, you now reach the popular Seeberg lake. Up and down you will soon reach the vantage point Stand. Zigzagging over the "Weeri", you finally reach the starting point along the Albert Schweitzer path. The trail is marked with yellow direction signs or with trail markings as a mountain trail.

Safety Guidelines:

A small section of the trail below the "Alpetli" area leads through a summer pasture with yaks. Please follow the local instructions.

Equipent:

Good mountain boots, clothing appropriate to the weather (sun/rain protection), hiking poles if necessary, binoculars if necessary, pocket pharmacy, rucksack with food and enough drinks for the journey

Tip:

To enjoy the hike to the fullest and a little more comfortably, we recommend booking our mountain hut experience with two nights! > Mountain hut experience

Getting There:

Motorway A6 Bern direction Zweisimmen, 1 km after the Simmenfluchtunnel turn left direction Diemtigtal. Follow the Diemtigtal road into the valley for 19 km in the direction of Schwenden, Grimmialp.

Parking:

Paid parking is available directly at the starting point.

Public Transit:

By train to Oey-Diemtigen. Then by PostBus to the stop «Schwenden i.D., Grimmialp» (terminus). From here a short walk (approx. 5 min.) to Senggiweid, direction of the Grimmimutz adventure trail.

Author:

Rahel Mazenauer

Organisation:

Naturpark Diemtigtal

<https://www.diemtigtal.ch/>



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Additional Information:

A hiking map is available from the Diemtigtal Nature Park office.

Diemtigtal Nature Park

Bahnhofstrasse 20

3753 Oey

Phone 0041 33 552 26 00

info@diemtigtal.ch

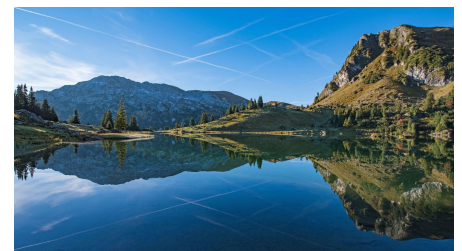
www.diemtigtal.ch



Blick ab Alpetli - © Rahel Mazenauer, Naturpark Diemtigtal



Geniesse unterwegs die Farbenpracht der Bergblumen
- © Martin Wymann, Naturpark Diemtigtal



Der Seebergsee ist ein beliebtes Ausflugsziel
- © Martin Wymann, Naturpark Diemtigtal



Welche Tiere entdeckst du? - © Rahel Mazenauer, Naturpark Diemtigtal

