

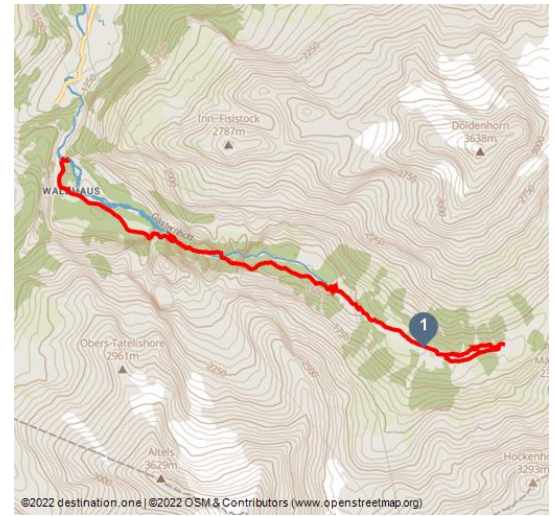


Gasterntal valley – Along the raging waters

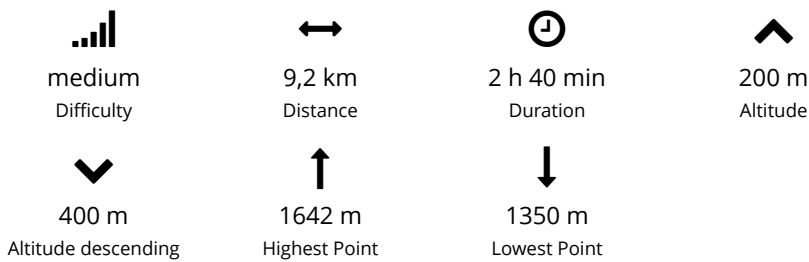
Hiking Trail



Berner Wanderwege



Tour Dates:



Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

Ratings:

- ★☆☆☆☆ Kondition
- ★★☆☆☆ technique

The Gasterntal valley above Kandersteg is a high valley of outstanding natural and scenic beauty. The hike along the Kander is also suitable for families with children. Unsurfaced track throughout.

Nature enthusiasts love the Gasterntal valley, which is accessible only in the summer season, because of its unspoilt natural setting, reminiscent of Canada. Flower lovers come here for the lady's slipper orchids and Turk's cap lilies, which bloom in June and July respectively. Those in search of peace and quiet appreciate the fact that the somewhat challenging access road puts many motorists off visiting the Gasterntal valley in the first place. Families with children, on the other hand, are drawn to the high valley because of the many play areas and picnic sites along the banks of the Kander river.

Author:

Markus Schlupep

Organisation:

Berner Wanderwege
<https://www.bernerwanderwege.ch/>



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<https://s.et4.de/CHKff>



Startpoint:

Gasterntal, Selden

Destinationpoint:

Gasterntal, Neubrücke/Waldhaus

Directions:

Selden – Heimritz – Selden – Waldhaus – Neubrücke

Safety Guidelines:

This route runs entirely or in part on signposted paths of the 'mountain hiking trail' category.

Equipent:

Recommended gear: Sturdy hiking boots, medium-sized backpack with waist strap, sunscreen, rain gear, hiking sticks, first-aid travel kit, picnic, plenty of fluids, mobile phone.

Getting There:

By car via Frutigen to Kandersteg. Drive as far as the Sunnbüelbahn cable-car valley station.

Parking:

Car park available at the Sunnbüel valley station.

Public Transit:

Outward journey: By private bus from Kandersteg to Hotel Gasterntal, Selden

Return journey: By private bus from Neubrücke, Waldhaus to Kandersteg

Reservations required. Phone 033 671 11 72 for private individuals or 033 671 11 71 for groups

Timetable: [sbb.ch](https://www.sbb.ch)

Literature:

Wandervorschlag aus der Zeitschrift wandern 02/19 der Berner Wanderwege.

Maps:

Swisstopo Wanderkarte 263T Wildstrubel 1:50'000, bestellen unter: <https://www.wanderplaner.ch/sommer/web-shop/>

Additional Information:

Source: [outdooractive.com](https://www.outdooractive.com)

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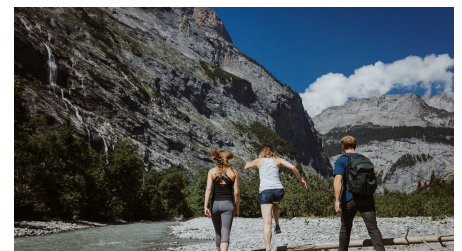
Verein Berner Wanderwege, Bern, Tel.: 031 340 01 01, E-Mail: info@beww.ch,
Homepage: www.bernerwanderwege.ch



Kandersteg Tourismus



Robert Bösch



Anja Zurbrügg

