



River rafting

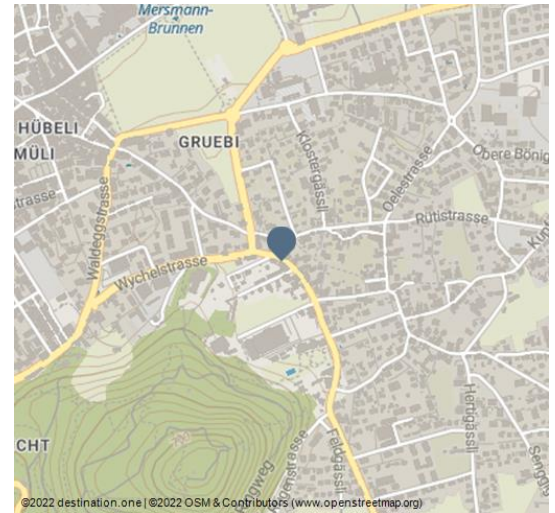
river rafting

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Conquer the wild mountain streams of the Bernese Oberland in an inflatable raft and a paddle

Paddle through white water past beautiful landscapes and idyllic valleys on a river rafting tour in the Holiday Region Interlaken. The Swiss mountains that surround you add to the spectacular ambience. You and your crew steer the raft through rapids and thundering waterfalls. An experienced guide accompanies you on your adventure and shows you how to tackle the river's challenges safely.

Interlaken is the ideal starting point for all kinds of activities involving thrills and adventure. The Jungfrau region is traversed by numerous turbulent mountain streams and fast-flowing rivers. River rafting in the Holiday Region Interlaken is definitely something you should add to your must-do list during your stay. Kitted out in a neoprene suit and life jacket, you will conquer the white water in a rubber raft and a paddle. You are guaranteed a bumpy, adrenaline-fuelled ride. A variety of outdoor and adventure companies offer you the opportunity to be part of a team that will conquer the rapids together. The Bernese Oberland has two white-water rivers that are perfect for river rafting. For the brave, Lütschine has wild rapids and action aplenty, while the quieter Simme offers a gentle adventure for families and groups. Both tours are conducted under the supervision of an experienced guide. Before you set off on the fast-paced ride in the water, you will receive a brief introduction and professional safety training from the provider.

Tip: river rafting on the Lütschine for families

An easily accessible launching area on the lower reaches of the Lütschine river means that families can also book an adventurous river rafting trip on the famous white-water river. You and your family will paddle together towards Lake Brienz, fully equipped and in the expert hands of one of our guides. The smaller waves and splashes ensure fun for all ages. A plunge into Lake Brienz at the end of the tour is the perfect way to round off this fun family experience.

Address:

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<https://outdoor.ch/en/outdoor-activities/river-rafting-luetschine/>

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With family, friends or alone with a guide: Book your adventure along Switzerland's alpine streams near Interlaken now.

What else you need to know

- River rafting is only possible in summer (May – mid-September)
- You will be provided with all the necessary equipment (neoprene suit, helmet and life jacket)
- The ability to swim, while recommended, is not a requirement for all river rafting tours
- Weight: max. 125 kg
- Minimum age: Family rafting 8 years of age, rafting Simme river 10 years of age, rafting Lütschine river 14 years of age
- Please bring the following with you: Swimming costume, large towel, small backpack, money for photos and souvenirs

Features:

General Information

Bus stop available

Eligibility

Suitable for any weather, for Groups, for Class, for Children of the age of 10 upwards

Payment Options

American Express, Cash, Diners Club, Debit Card, JCB, Mastercard, Visa

Other Furnishing/Equipment

Toilet, Barrier-free access

Booking provider:



Book now

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Openinghours

May – mid-September

