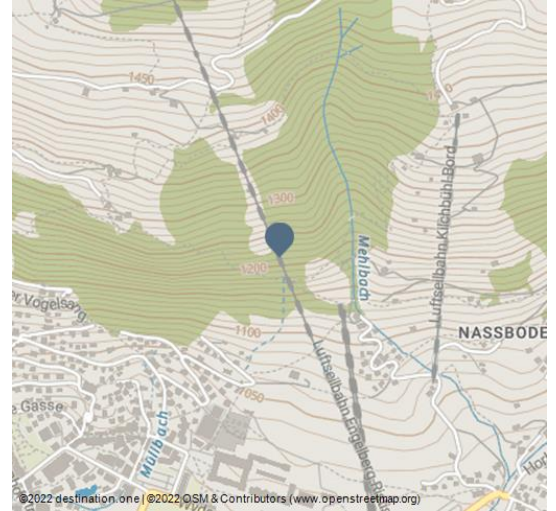




## Forest Bathing at Brunni



GuidleProxy



Get to know nature and the forest in a different way? During forest bathing, you activate all your senses and become aware of your surroundings in the here and now. In this way you can slow down and find peace. The offer takes place in a group and mostly in silence.

### Included Services

- Return journey by cable car Engelberg
- Ristis

Guided forest bathing in the group (approx. 2 hours)

### Meeting point

Meeting point is at 2.30 pm at the valley station of the Brunni cable cars. Return to the valley station at approx. 5.10 pm.

### Remarks

Unfortunately dogs and children under 14 years cannot accompany us


Closed shoes with good tread

Weatherproof, warm clothing on the onion principle

For warm temperatures: drinking bottle

### Venue:


6390 Engelberg

 <http://brunni.ch/186/de/waldbaden-im-brunni-gebiet>

### Contact Person:

Wydenstrasse 55 6390 Engelberg  
 Wydenstrasse 55  
 6390 Engelberg

 (0041) 41 639 60 60

 [info@brunni.ch](mailto:info@brunni.ch)



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<https://s.et4.de/WKw6f>

Forest bathing takes place in all weather conditions, with the exception of storms or thunderstorms.

**Price Information:**

CHF 54.00 by person

**Events:**

Samstag, 03.08.2024, 14:30 Uhr

Freitag, 16.08.2024, 14:30 Uhr

Samstag, 31.08.2024, 14:30 Uhr