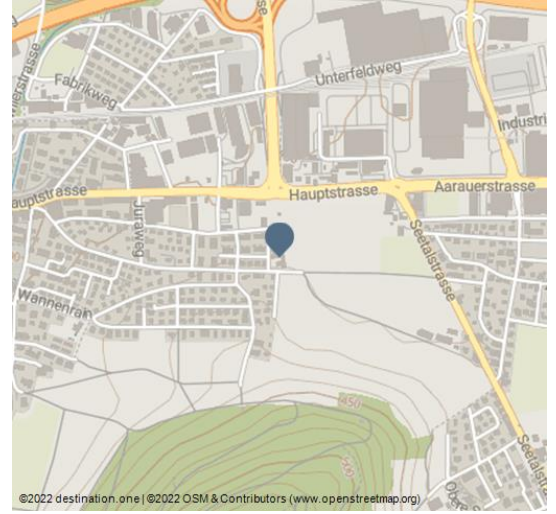




## Yoga among alpacas



GuidleProxy



### **The 90-minute yoga session offers relaxation and an experience of nature for nature and animal lovers, whether beginners or experienced yogis.**

Immerse yourself in a special yoga experience amidst gentle alpacas and enjoy 90 minutes of pure relaxation and nature experience.

The yoga sessions on the alpaca pasture not only offer relaxing exercises, but also a warm encounter with the curious alpacas. Before each yoga session, the owners of the alpaca farm share their knowledge about the behavior and care of the animals. Afterwards, you can linger in the pasture and take photos with your favorite alpaca (if it wants to).

The 90-minute yoga session is suitable for all levels, from beginners to experienced yogis. The team of experienced yoga teachers ensures that the exercises are accessible yet challenging. Experience yoga surrounded by adorable alpacas and treat yourself to a break from everyday life!

The hosts: Wädifarm in Hunzenschwil is run by the fifth generation of the Baumann family. The alpaca herd grazes among the fruit trees in the countryside. When yoga classes or painting workshops are not taking place on the pasture, Adele works with animal-assisted therapy to help children and adults in special circumstances.

The yoga teachers are from the region, very well trained and experienced. Alpaca yoga is a special kind of yoga that focuses on nature, the animal, peace, concentration on the body and relaxation.

About the organizers:

A collective of friends, alpaca farms, yoga teachers and artists united by a love of nature, movement and animals. The goal: a relaxed smile. They facilitate a respectful encounter with the wonderful alpaca. In addition to yoga, fondue,

### **Venue:**

Brandfisel 2  
5502 Hunzenschwil

 [www.alpaka-erlebnisse.ch/](http://www.alpaka-erlebnisse.ch/)



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[https://s.et4.de/nG\\_1f](https://s.et4.de/nG_1f)

More information: [www.luzern.com](http://www.luzern.com) | [shop.luzern.com](http://shop.luzern.com)

sound journeys, picnics and painting among alpacas round off the relaxing experiences. It is important to them to make a contribution to mental health without harming nature.

As only a limited number of visitors are welcomed to the pasture, online registration is required.

Note: This text was translated by machine translation software and not by a human translator. It may contain translation errors.

Participants are welcomed 15 minutes before the lesson.

### Booking provider:



<https://s.et4.de/6pXTf>

### Price Information:

CHF 50.00 / 40.00

### Events:

Freitag, 26.07.2024, 19:00 - 20:30 Uhr

Sonntag, 28.07.2024, 10:00 - 11:30 Uhr

Freitag, 09.08.2024, 18:30 - 20:00 Uhr

### Account Providers:

( <https://www.ticketino.com/de/organizer/2965234> )