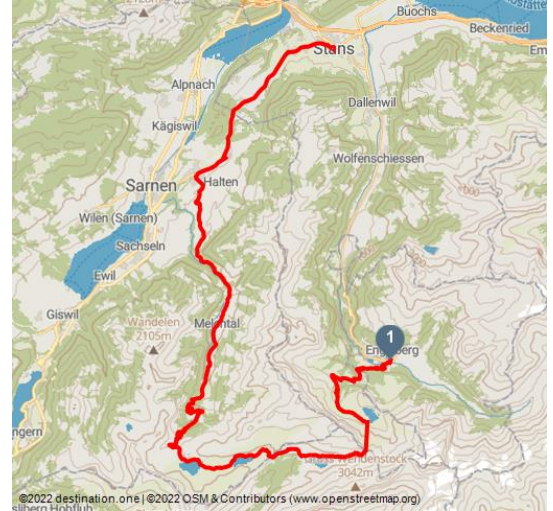











4-Lakes MTB Tour



Oskar Enander Photography, Engelberg-Titlis Tourismus AG



Tour Dates:

 medium Difficulty	 53,1 km Distance	 6 h 30 min Duration	 1422 m Altitude
 1982 m Altitude descending	 2207 m Highest Point	 445 m Lowest Point	

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

The 4-Lakes MTB Tour offers stunning views of the mountain panorama alongside crystal clear mountain lakes, which are welcome following the physically demanding climb just completed.

Starting the tour at Engelberg station, you make your way to the lower terminus of the TITLIS cableway and continue left along the asphalted Gerschnistrasse (look out for works traffic) towards Untertrübsee. Around a kilometre after passing Alp Untertrübsee, a gravel path forks off left. From now on, strong legs are the order of the day. The coarse gravel makes considerable demands of both rider and technique. Views of the Titlis and the knowledge that there is a chair lift waiting further up should be enough to lessen the discomfort. The chair lift makes the 400-metre ascent between Lake Trüb and the Joch Pass. What follows is a wonderfully constructed, metre-wide single trail alongside Lake Engstlen. Need a break? The crystal clear glacier water is nice and cooling. Once you have passed the lake, there follows a section



Ratings:

- ★★★★★ Panorama
- ★★☆☆☆ Kondition

Address:

6390 Engelberg

Author:

Engelberg - Titlis Tourismus

involving having to push the bike for some 600m along the Spycherflue as you climb to Tannalp. You then have a wide asphalted road alongside Lake Tannalp and delightful alpine pastures, descending gently towards Lake Melch. On arrival at Melchsee-Frutt, you take the Melchtalerstrasse to Stöckalp. This road is open to downhill traffic only at odd-numbered times, e.g. 11.00 a.m. - 11.40 a.m.). In the Melch valley, you take the main road between St. Niklausen and Kerns. In the centre of Kerns follow the signs for Stans. The Zentralbahn station is in the centre of this pretty village: there are hourly trains (at xx.24) to your setting-off point, Engelberg.

Organisation:

Engelberg-Titlis Tourismus
<http://www.engelberg.ch/>



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<https://s.et4.de/fLcgf>

Startpoint:

Railway station Engelberg

Destinationpoint:

Stans

Directions:

Engelberg-Untertrübsee-Trübsee-Jochpass-Engstlen-Tannalp-Melchsee-Frutt-Stöckalp-Melchtal-St.Nikolaus-Kerns-Stans

Safety Guidelines:

On the road between Gerschnistrasse and Untertrübsee you have to reckon with works traffic.

The Melchtalerstrasse, which leads to Stöckalp, can only be used downwards to the odd hours (e.g. 11.00-11.40 a.m.).

Equipent:

Engelberg's sports shops have a wide range of bikes and cycling accessories for sale or hire. It's also worth stopping by if your bike is in need of repairs or replacement parts.

Tip:

Buy a combi-ticket for rail/train use.

Getting There:

By car you drive on the A2 (Basel-Gotthard) to Stans Süd, then on the main road 20 km to Engelberg. Engelberg is 30 minutes from Lucerne, 1 hour and 15 minutes from Basel, Zurich or Bern.

Parking:

Parking spaces are available in Engelberg for a fee.

Public Transit:

National and international connections (from Zurich airport connections every half hour with approx. 1h travel time) to Lucerne. Afterwards with the Zentralbahn in 43 minutes through varied landscape and gorges up to Engelberg.

Additional Information:

- Trail Rules
- Bike shops
- Bike schools and Guiding
- Bike hotels
- Bike friendly companies
- Bike transport
- Bike wash

