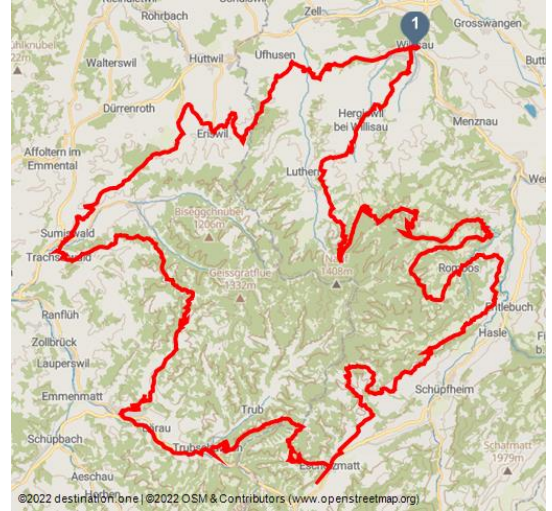











## A ride full of variety around the Napf



Willisau Tourismus, Willisau Tourismus, Christof Sonderegger. CH-9425 Thal



### Tour Dates:

			
medium Difficulty	150,5 km Distance	12 h 50 min Duration	3583 m Altitude
			
3583 m Altitude descending	1210 m Highest Point	554 m Lowest Point	

### Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

**Paul Hasler is the initiator of the Heart Route. He was on his bike for days at a time, looking for the best possible cycling around the Napf. Veloland Route No. 399 opened in spring 2018 as the «Napf Heart Loop».**

150 kilometres, 3 one-day stages and 4200 metres of elevation gain

The Napf Heart Loop has been supplementing the Heart Route since April 2018. The three-day round tour starts in Willisau, passes through Langnau and into the Entlebuch and ends back in Willisau. The route leads through a hilly landscape mainly along quiet lanes. Crests and high points offer wonderful opportunities for admiring views of the Napf countryside and the Alps. Combine your tour with stop-overs at guesthouses and eateries to sample their regional specialities, and at night stay in tranquil lodgings and hotels along the route.



### Ratings:

- ★★★★★ Panorama
- ★★★☆☆ Kondition

### Address:

6130 Willisau

### Author:

Willisau Tourismus

The three one-day stages of the Napf Heart Loop

#### Willisau – Langnau

This 57 km leg leads through the greenery of the Willisau region and the lush meadows of the Emmental and Upper Aargau. It offers a total of 1500 metres of elevation gain, with plenty of ups and downs through the wonderful prealpine countryside.

#### Langnau – Entlebuch

At 44 km, this leg is the shortest of the three and focuses on the Emmental and the Entlebuch. Featuring green hills and valleys, the scenery is unique at any time of day.

#### Entlebuch – Willisau

Discover countless sights as you pedal along the quiet lanes of the Napf: Romoos, the wild Fontanne (a tributary of the Kleine Emme), the Menzberg (1000-plus metres in altitude), the romantic Luther valley and lots more. The pretty little town of Willisau with its old quarter is the perfect place for taking a break. After 54 km and 1600 metres of elevation gain, you have surely earned yourself a meal here.

#### Heart Route no. 99

The Cycling in Switzerland organisation (Veloland Schweiz) allocated waymarking number 99 to the Heart Route many years ago. Linking Lake Constance and Lake Geneva, it follows a carefully selected itinerary through regions of appeal to tourists. Rent a Bike and Eurotrek offer cycle rental, luggage transport and free battery swaps along the route.

### Startpoint:

Willisau

### Destinationpoint:

Willisau

### Directions:

Willisau - Eriswil - Summiswald - Langnau i.E. - Trubschachen - Escholzmatt - Schüpfheim - Entlebuch - Romoos - Menzberg - Hergiswil b.W. - Willisau

### Tip:

Ein Bummel durch die historische Altstadt von Willisau lohnt sich!

Lesen Sie den kurzweiligen Erfahrungsbericht von Paul Hasler.

### Getting There:

Auf der A2 Ausfahrt Dagmersellen oder Sursee

### Parking:

Kostenpflichtige Parkplätze sind genügend vorhanden.

### Organisation:

Region Luzern-Vierwaldstättersee

<https://www.luzern.com/>



Scan QR-Code to save this page offline, share with friends and more.

<https://s.et4.de/gcRvf>

## Public Transit:

Mit dem Zug nach Willisau

## Additional Information:

### E-bike rentals

Rent a Bike AG is the e-bike rental partner on the Heart Route. It is best to book ahead at Willisau, Langnau or Entlebuch. Visit [www.rentabike.ch/](http://www.rentabike.ch/) home for more details

