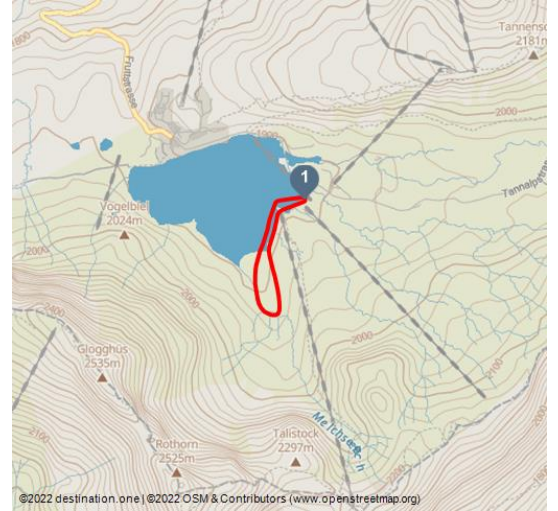











Lake Melch circuit



Obwalden Tourismus, Obwalden Tourismus



Tour Dates:

 easy Difficulty	 1,8 km Distance	 0 h 25 min Duration	 15 m Altitude
 15 m Altitude descending	 1908 m Highest Point	 1893 m Lowest Point	

OBWALDEN

der Geheimtipp

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

Perfect for beginners: those who prefer an easy cross-country circuit without ascents and descents will like the circuit next to frozen Lake Melch.

The high plateau of Melchsee-Frutt offers varied skiing areas: the slopes of the Balmeregghorn and Erzegg with wide and sunny pistes and, opposite, the steeper slopes around the Bonistock. You can start your descent in the Distelboden area, which can be reached in just a few minutes from the upper cableways terminus or lift. The Melchsee cross-country ski circuit starts between the Erzegg chairlift and the Distelboden restaurant. The short, flat circuit around the frozen reservoir offers wonderful views of car-free Frutt and the striking mountain range complete with Rothorn, Glogghuis, Hochstollen and Brünighaupt. The circuit is ideal for getting acquainted with the area.

Ratings:

- ★★☆☆☆ Panorama
- ★☆☆☆☆ Kondition

Address:

6068 Melchsee-Frutt

Author:

Obwalden Tourismus

Organisation:

Obwalden Tourismus
<https://www.obwalden-tourismus.ch/de/>

If you look closely, you might spot a few holes in the lake. Don't worry: they are evidence of an unusual sport practised here - ice fishing. You might even catch sight of someone at it.



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<https://s.et4.de/LM-0d>

Getting There:

Von Luzern/ Interlaken auf der A8 bis Sarnen, die Ausfahrt Sarnen Nord Richtung Kerns/ Melchsee-Frutt benützen

Parking:

Bei der Talstation Stöckalp gibt es genügend gedeckte und ungedeckte Parkplätze.

Public Transit:

Mit dem Zug der Zentralbahn von Luzern/ Interlaken nach Sarnen, mit dem Postauto bis Stöckalp und von dort mit der Gondelbahn bis Melchsee-Frutt

Busfahrplan

Additional Information:

Winter season:

The winter season usually lasts from mid-December to early April.

Snow report:

Up-to-date information on snow conditions is posted on the website of Sportbahnen Melchsee-Frutt.

Signposting:

The route is signposted anticlockwise with marker posts.

Ski rental and cross-country ski pass:

The former cableways terminus is equipped with showers, which can be used on request at the visitor information office. For more information on the local cross-country ski pass, equipment hire and changing and shower facilities, please visit the website of Sportbahnen Melchsee-Frutt.

