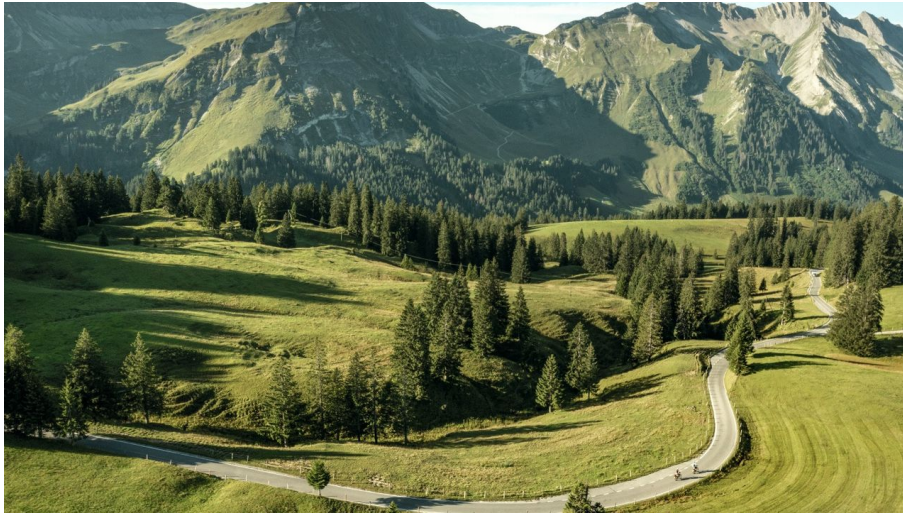
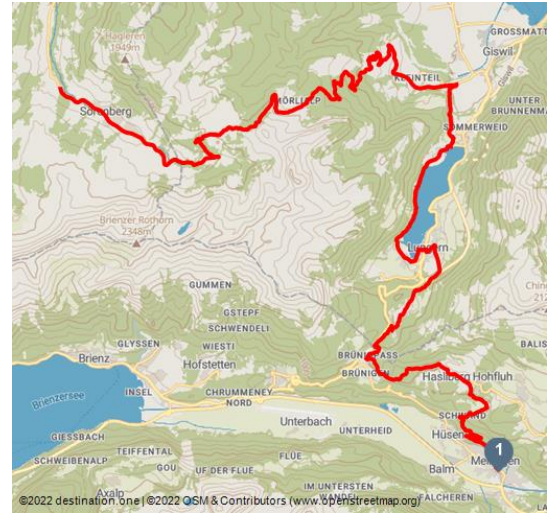





## Route 1291, stage 4: Meiringen – Sörenberg



Nico Schärer | Luzern Tourismus



### Tour Dates:

			
hard Difficulty	43,1 km Distance	4 h 25 min Duration	1638 m Altitude
			
1114 m Altitude descending	1611 m Highest Point	494 m Lowest Point	

### Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

**Half-time! The fourth stage of Route 1291 signals the halfway mark of the entire route and takes you over the Brünig and Glaubenbielen passes into the UNESCO Biosphere Entlebuch and Sörenberg.**

Take advantage of the first part of the easier-going fourth stage of Route 1291 to catch your breath after the tough ups and downs of the previous stages. But this stage also has its challenges: from Meiringen, the route takes you over the Brünig pass to picturesque Lungern and on to Sörenberg via the Mörlialp and the Glaubenbielen pass straight into the UNESCO Biosphere Entlebuch. Enjoy the views of the breathtaking, expansive landscape of the Lake Lucerne region.

Route: ca. 40 km | Ascent 1640 hm | Descent 1120 hm

### Startpoint:

More information: [www.luzern.com](http://www.luzern.com) | [shop.luzern.com](http://shop.luzern.com)



### Ratings:

- ★★★★★ Panorama
- ★★★★☆ Kondition

### Address:

3860 Meiringen

### Author:

Luzern Tourismus AG

### Organisation:

Region Luzern-Vierwaldstättersee  
<https://www.luzern.com/>



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[https://s.et4.de/L\\_Ycf](https://s.et4.de/L_Ycf)

Meiringen

**Destinationpoint:**

Sörenberg

**Directions:**

From Meiringen, the route takes you over the Brünig to Lungern and past Lake Lungern almost to Giswil. Just before you get there, turn left and take the ascent to the Mörlialp. Continue over the Glaubenbielen pass to the end point of stage 4 in Sörenberg in the UNESCO Biosphere Entlebuch.

On this route, pay attention to the signposting on site. On some sections of the route, fast e-bikes (45s with yellow number) are sometimes prohibited. Here you will find the traffic signals and their meaning.

When passing through farms, we thank you on behalf of the farmers for passing through at an adapted, reduced speed.

**Safety Guidelines:**

You are asked to stay on the path and not to enter meadows or pastures. On this route, pay attention to the signposting on site. On some sections of the route, fast e-bikes (45s with yellow number) are sometimes prohibited. Here you will find the traffic signals and their meaning.

When passing through farms, we thank you on behalf of the farmers for passing through at an adapted, reduced speed.

**Equipent:**

- E-bike (incl. spare battery, if possible) and charger for on the road.
- Suitable equipment for your own safety

If you don't have your own e-bike, we recommend Rent a Bike. Rent the right e-bike for you online and pick it up conveniently at Lucerne station.

**Tip:**

A dip in Lake Lungern is welcome refreshment for overheated bodies.

Attention Cheese-Lovers: Alpine Sbrinz AOP is produced on the Fluonalp during the alpine season. The detour is definitely worthwhile for a visit to the cheese production facility, for a snack or even to spend the night on the alp.

Every Sunday from July to Sept. for sunrise on the Brienzer Rothorn.

### Literature:

- Cycling Map Switzerland Mobility
- Information Alpine Passes

### Additional Information:

#### Highlights of the #th stage

- Lungern: Lake Lungern
- Glaubenbielenpas

#### Accommodation options of the #th stage:

- Meiringen: Parkhotel Du Sauvage
- Sörenberg: Hotel Rischli, Hotel Sörenberg

