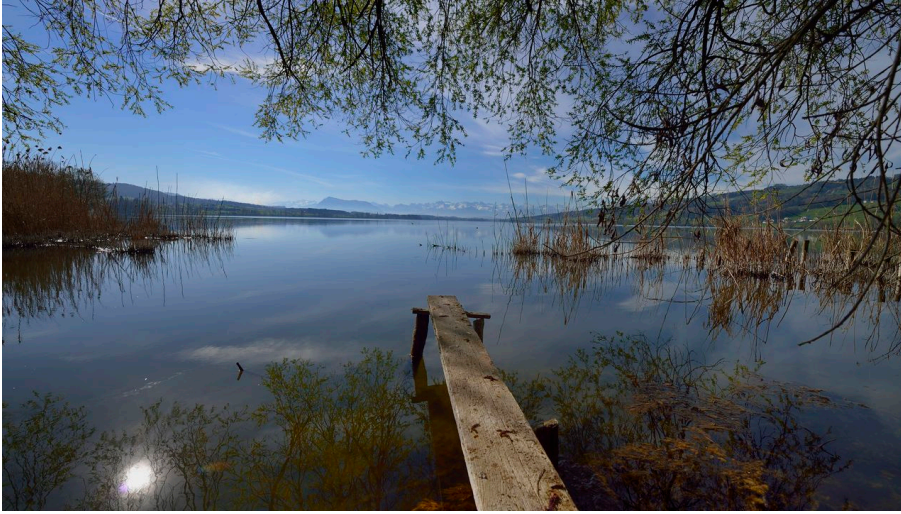
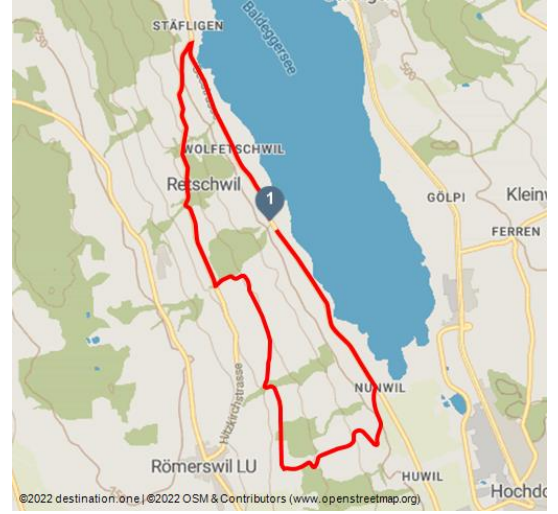






Seetal: Karin Thürig Round Tour



Seetal Tourismus, perretfoto.ch



Tour Dates:

 easy Difficulty	 11,6 km Distance	 1 h 30 min Duration	 232 m Altitude
 232 m Altitude descending	 638 m Highest Point	 469 m Lowest Point	



Ratings:

- ★★★★☆ Panorama
- ★☆☆☆☆ Kondition

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

This tour features road racing champion Karin Thürig's home patch. Living in the region, a great deal of her training took place here. Karin Thürig took Bronze in the 2004 and 2008 Olympic Games, while in 2004 and 2005 she was World Champion in the time trials discipline.

The Karin Thürig Tour starts in Retschwil and is around 10 km in length; it offers views of Lake Baldegg on the flanks of the Erlosen before continuing to Nunwil and returning to Retschwil. The road is asphalted throughout, making it suitable for bicycles, roller skates, horse-drawn carriages and pedestrians.

Starting at Retschwil, the first section follows the cycle path towards Ermensee or Hitzkirch as far as the junction at Stäfligen. You then fork left and up. This is followed by a small climb on side roads. The traffic here is very light. The views at the Vorderzegg junction encompass Lake Baldegg, Heidegg Castle and, on the other side, the Lindenberg, as well as the amazing Prealps.

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The tour continues from Vorderzegg, the highest point at 653 m, over the Alp and the Eigen. The descent from Sidenthal takes you via Sidenberg to Nunwil. Nunwil finds you joining the road again and riding back towards Retschwil.

Restaurants can be visited during or after the tour, or how about a cooling dip in Lake Baldegg? The lido in Baldegg is just the place! The lake would also be a good place for a picnic.

Startpoint:

Landgasthof Mühleholz, Retschwil (481 m)

Destinationpoint:

Landgasthof Mühleholz, Retschwil

Directions:

Retschwil - Stäfli - Vorderzegg - Eigen - Nunwil - Retschwil

Tip:

Verpflegung: Landgasthof Mühleholz, Retschwil

Parking:

At the Landgasthof Mühleholz (restaurant)

Public Transit:

Accessible via train and bus

S9 train from Lucerne or Lenzburg to Baldegg or Ermensee

Additional Information:

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