



Mittlere Muskeltour vom Radsportverein Velo Westerstede

Road biking



Teilnehmer auf der RTF Muskeltour - © Ammerland Touristik, Gerhard Sander



Tour Dates:

↔	🕒	⬆	⬇
75,9 km	3 h 48 min	13 m	13 m
Distance	Duration	Altitude	Altitude descending
↑	↓		
15 m	3 m		
Highest Point	Lowest Point		

The 75 kilometer long bike tour (RTF) of the Velo Westerstede cycling club begins in the city center of Westerstede. From here it goes first towards Großsander. Then follows a long, very scenic stretch along the NSG Stapeler Moor to just before Neuchâtel. From there it goes through the Frisian Wehde towards Altjührden. Via Conneforde (climbing park, swimming lake) it goes back to Westerstede via Eggeloge.

Startpoint:

An der Krömerei, Gymnasium Westerstede

Destinationpoint:

An der Krömerei, Gymnasium Westerstede

Tip:



Author:

Ammerland Touristik

Organisation:

Ostfriesland Tourismus
<https://www.ostfriesland.travel/>

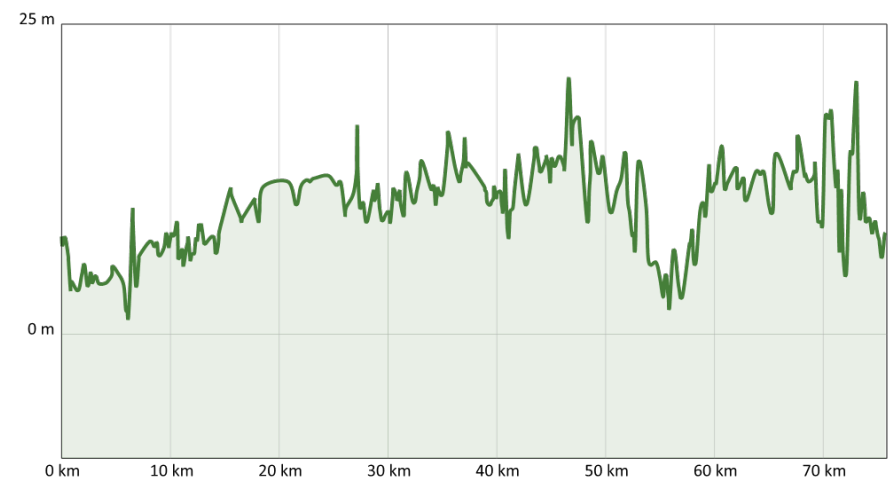


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The climbing forest in Conneforde is worth a detour.

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