



Die Kaltpresse

bistro





Die Kaltpresse

Cologne's prime juice bar, whose name translates to Cold Press, reigns supreme in the Südstadt (South City). This small, minimalist raw food store is just a stone's throw from busy Chlodwigplatz square, with a no-frills, nutrient-rich offering largely based on fruit and veg.

The cold-pressed juices, with names such as Glück (happiness), Klar (clear) and Rein (pure), are served in handy reusable bottles. The names of the smoothies are also minimalist but slightly more descriptive, calling to mind wild but presumably happy animals: Wiesel (weasel), Zebra, Giraffe... The entire menu is totally vegan and incredibly healthy. Ingwerling is the shot du maison, a super-spicy immunity-boosting drink made of lemon and ginger. There's no chance of succumbing to the flu if you've had this one! The muesli bowl with home-made granola and chia pudding is served up with lashings of fresh fruit, hemp seed and coconut flakes. Home-made sweet snacks round off the raw food menu: vegan chocolate and "energy balls" made of nuts and dried fruit.

Address:

Severinstraße 126 50678 Köln

★ https://www.kaltpresse.de/

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https://s.et4.de/k5mnf

Kitchen Styles:

✓ various

Openinghours

Weekday	Time
Monday until Friday	09:00 - 16:00
Saturday	10:00 - 15:00

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