

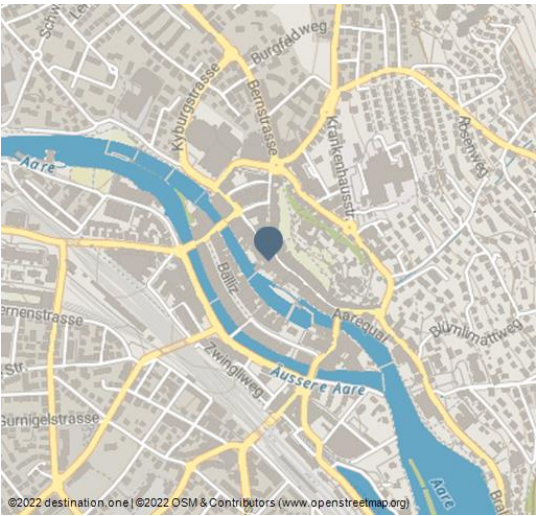


Yoga&Brunch @Hotel Krone Thun

Sports



2404 NL April Yoga&Brunch Beitrag



On May 25, 2024 the special "YOGA & BRUNCH" will take place at the Hotel Krone Thun. Enjoy yoga in the Aaresaal followed by a delicious vegetarian brunch. A perfect experience for the senses.

Our light-flooded Aaresaal will become a Zen zone on May 25, 2024: imagine rolling out your mats, the sun lighting up the room and the scent of freshly squeezed orange juice filling your nose - a real treat for the senses. All this is available at the brand new "YOGA & BRUNCH" by Krone+YogaBude.

BOOKING & DATE

09.30 - 10.45: Yoga with Michelle

11.00 - 14.00: Vegetarian yoga brunch

Location: Hotel Krone Thun, Obere Hauptgasse 2, 3600 Thun

Cost per participant: CHF 69.00 (yoga class & yoga brunch incl. drinks)

Package: Special offer for yoga & brunch with hotel accommodation

Book your ticket now: <https://shop.e-guma.ch/krone-thun/de/events/yogabrunch-hotel-krone-thun-2597192>

THE YOGA SESSION

Self-care and finding your inner center: The new "YOGA & BRUNCH" in the heart of the old town begins with a yoga class led by the masters of Yoga Bude Thun. The yoga session is suitable for all levels. Perfect poses are not the goal; it's about feeling good in your own body and finding your inner balance.

Venue:

Hotel - Restaurant Krone Thun
Obere Hauptgasse 2
3600 Thun

Contact Person:

Hotel Krone Thun
Obere Hauptgasse 2
3600 Thun

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Organisation:

Hotel-Restaurant Krone



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Source: guide
ID: guide_1067767059
Last changed on 11.04.2024, 06:15





in the heart of Thun in a beautiful room with a view of the River Aare.

Whether you're a beginner, advanced or pregnant, you'll find your balance here!

Wear clothes in which you feel comfortable, can breathe and move

The yoga studio provides the mats, you just bring a good mood.

We don't have a traditional checkroom, but you can use the toilets right next to the room.

Yoga outfit at brunch? Sure, relaxed styling is the order of the day here - comfortable and charming!

THE BRUNCH

After this invigorating start, a sumptuous vegetarian brunch buffet awaits you, which will send your taste buds into springtime. Fresh fruit, hearty bagels and refreshing smoothies.

Cozy drinks: tea, coffee, juices, smoothies, infused water, hot lemonA bread universe: croissants, plaited bread, various types of bread, jams, butter, Jumi hard and soft cheese#

The hot buffet: Oriental lentil dish, rösti, vegetable couscous and flatbread, vegetables, pancakes, churros

#The muesli magic: oat flakes, pumpkin seeds, homemade granola, sunflower seeds, nuts, linseed, honey, yoghurt and dried fruit

#The bagel oasis: cream cheese, hummus, baba ganoush, vegetable antipasti, various salads

#Sweet treats: Fruit salad, muffins, fruit, coconut panna cotta with mango sauce, muesli bars, oat cookies

And that's not all! Each participant can look forward to a small goodie bag filled with surprises. Stay tuned - yoga, brunch and lots of spring magic awaits you!

Note: This text was translated by machine translation software and not by a human translator. It may contain translation errors.

Events:

Samstag, 25.05.2024, 09:30 - 14:00 Uhr