



Winter circular hike around Aeschi bei Spiez

Winter Hiking



Berner Wanderwege

Tour Dates:

easy
Difficulty

7,8 km
Distance

2 h
Duration

240 m
Altitude

240 m
Altitude descending

1016 m
Highest Point

850 m
Lowest Point



Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

The starting point for this two-hour winter circular hike is the village square (car park) or the Aeschi Post bus stop. For the first 250 metres, the route follows Mülenenstrasse, past the swimming pool, down a gentle gradient before branching left into Suldhaltenstrasse. Following the narrow road, with its unimpeded view of the imposing Niesen pyramid, the winter path branches off to the left at an incline after a few kilometres. After Sandgruben, you come to a short steep section (the only one in the hike), which continues up to the picturesque Sewenegg. The view extends far into the Kandertal and Engstligental. Between the cross-country track (please do not walk on it) and the edge of the woodland, the trail leads to Aeschiried, where you have the option of walking another loop into Schitmatti. Taking a right past Aeschiried school house, the trail descends in a north-westerly direction, opening up a view over Lake Thun and far into the Central Plateau. Continue over open fields until you reach the houses in Tannenmattli; then follow Zwygartenstrasse through Spittel and down towards the village of Aeschi. The last

Ratings:

- ★☆☆☆☆ Kondition
- ★☆☆☆☆ technique
- ★★☆☆☆ Erlebnisqualität
- ★★★☆☆ Panorama

Address:

3703 Aeschi bei Spiez

Author:

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Organisation:

Berner Wanderwege
<https://www.bernerwanderwege.ch/>





400 metres of this two-hour walk follow Alleestrasse back to the original starting point.

Startpoint:

Aeschi, Haltestelle Post

Destinationpoint:

Aeschi, Haltestelle Post

Directions:

Aeschi - Sandgruebe - Aeschiried - Äbene - Zwygarte - Aeschi

Safety Guidelines:

For the most part, this winter trail follows side streets that are ploughed in winter.

Equipent:

Sturdy, waterproof shoes are an advantage.

Tip:

You can also soak up the wonderful view of Lake Thun in one of the restaurants you encounter en route!

Getting There:

By car: To Aeschi via Spiez

Parking:

Car park in the middle of Aeschi village (paid)

Public Transit:

How to get there: With the PostBus from Spiez station to the bus stop in Aeschi

Maps:

Swisstopo Landeskarte 1228 Lauterbrunnen 1:25'000

Additional Information:

Infoflyer erhältlich im Tourismusbüro, Dorfstrasse 9, 3703 Aeschi, 033 654 14 24, info@aeschi-tourismus.ch oder unter www.aeschi-tourismus.ch



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