



## Schynige Platte - Faulhorn - First

Hiking Trail

Achim Schneider, Jungfrauabahn Management AG

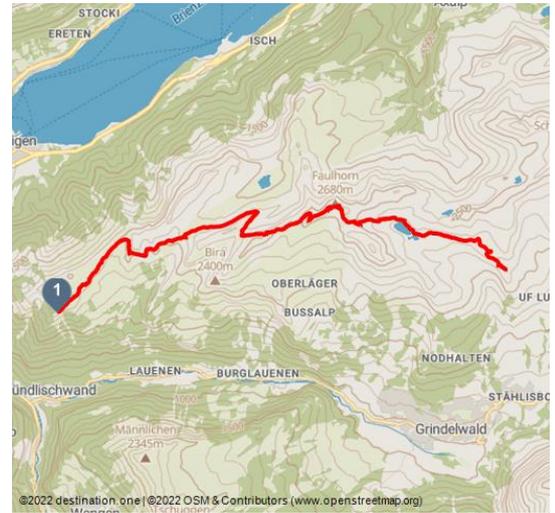
### Tour Dates:

 hard Difficulty	 16,2 km Distance	 6 h Duration	 825 m Altitude
 639 m Altitude descending	 2680 m Highest Point	 1910 m Lowest Point	

### Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

This fantastic day trip starts at the Schynige Platte summit station, leads past the mountain huts at Oberberg on its way to the western slope of the Loucherhorn. Continue over the Egg in a gentle ascent along the slope of the Sägissa; below you will see the shimmering Sägistalsee mountain lake. Continue over the Egg in a gentle ascent along the slope of the Sägissa, below you will see the shimmering Lake Sägistalsee. The trail continues to the Männlenen mountain lodge, ascending continuously to Fulegg and from there along the mountain's southern flank to the Faulhorn summit. It offers a magnificent panoramic view. In the 19th century, the Faulhorn was described as a "ladies' peak" because there are no significant mountaineering skills required to climb it. However, its name ('faul' means 'lazy' in English) has nothing to do with sloth, and reaching the summit does require a good level of physical fitness. 'Faul' or 'ful' is in fact the term used to describe the loose layers of clay and slate from which the mountain is made.



### Ratings:

- ★★★★★ technique
- ★★★★★ Panorama

### Address:

3812 Gündlischwand

### Organisation:

Jungfrauabahn Management AG  
<https://www.jungfrau.ch/>



The steep yet well-maintained trail descends via Gassenboden to Lake Bachalpsee, which then leads, on a more or less level path, to the Grindelwald-First aerial cableway summit station.



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<https://s.et4.de/Ngdfd>

### Startpoint:

Schynige Platte, summit station

### Destinationpoint:

Grindelwald-First, Bergstation Gondelbahn / Firstbahn

### Directions:

Schynige Platte - Oberberg - Loucherhorn - Egg - Faulhorn - Bachalpsee - First

### Safety Guidelines:

Mountain trail with some slightly-exposed sections. Be sure to start early in the morning and allow enough hiking time to reach the First Aerial Cableway during operation time! The walk down to Grindelwald adds another 1,200 metres of altitude and around two and a half hours of walking time to the hike.

### Equipent:

Normal hiking gear, hiking boots with good soles.

### Getting There:

Via Bern or Lucerne to Interlaken. Or from the south, via the Grimsel Pass (summer only) or the Simplon Pass and the Lötschberg car-transport train to Interlaken. Wilderswil is not far from the exit towards Grindelwald/Lauterbrunnen.

### Parking:

Uncovered parking spaces are available behind the train station Wilderswil.

### Public Transit:

With the Bernese Oberland Railway or by car to Wilderswil. The historic Schynige Platte Railway runs across the Breitlauenen Alp to the Schynige Platte. Travel time from Wilderswil: 53 minutes.

### Additional Information:

#### Hike 62

(in the printed summer panoramic map of the Jungfrau Railways)

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