



## «Apple Fritter Trail» Holenstein - Brandegg No. 32

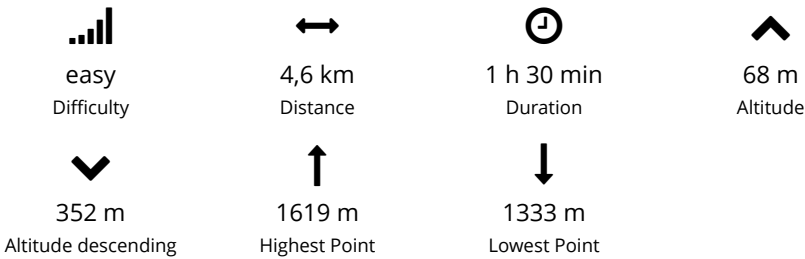
Thematic Trail



Gondelbahn Grindelwald-Männlichen AG



### Tour Dates:



### Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

### With Hene on the «Apple Fritter Trail»

The Apple Fritter Trail combines learning with a fabulous landscape and therefore offers a great experience on Männlichen. The Fruit Nature Trail leads across lush meadows, flower-filled fields and secluded woods from Holenstein to Brandegg. At the 6 information boards along the way you can test and improve your knowledge of fruit. For example: did you know that the Swiss eat an average of about 20 kilograms of apples per person per year? On your way through the splendid scenery you'll naturally be walking towards the imposing backdrop of the Eiger, Schreckhorn and Wetterhorn mountains. The crowning, scrumptious conclusion to the Apple Fritter Trail though, awaits you at the Brandegg restaurant. This is where some of the world's best apple fritters are made. What could be nicer than to rest your weary legs on the sun terrace and succumb to sweet temptation?

Wood is available at the barbecue areas.

Grindelwald  
Wengen  
Mürren  
Lauterbrunnen  
Haslital

Jungfrau Region

### Ratings:

- ★☆☆☆☆ Kondition
- ★☆☆☆☆ technique
- ★★★★☆ Erlebnisqualität
- ★★★★☆ Panorama

### Address:

3818 Grindelwald

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### Organisation:

Jungfrau Region Tourismus AG  
<http://www.jungfrauregion.swiss/>





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**Startpoint:**

Holenstein (1612 m)

**Destinationpoint:**

Mountain restaurant Brandegg

**Directions:**

Holenstein - Blattmad - Vorsassi - Brandegg

**Safety Guidelines:**

- The path is only partly suitable for strollers
- Hiking-check

**Equipent:**

- hiking daypack (approx. 20 liters) with rain cover
- comfortable and sturdy footwear
- adequate and durable outdoor clothing in multiple layers
- sun and rain protection
- snacks and drinking water
- first aid kit
- penknife
- mobile phone
- if necessary: telescope sticks, headlight, maps

**Tip:**

- The trail is ideal for families with children. On the descent, you master 373 metres of altitude difference.
- On the way there are two beautifully situated barbecue sites.

**Getting There:**

From Basel and Geneva, the fastest route to the Jungfrau Region is via Bern.  
From Zurich, the route via Lucerne and the Brünig Pass is recommended. The pass is open all year round.

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From the south, travel to the Jungfrau Region via the Grimsel or Susten Pass. Both passes are only open in summer. An alternative is the Simplon Pass with subsequent car transport through the Lötschberg tunnel.

**Grindelwald**

From Interlaken we follow the main road to Zweilütschinen. Here we turn left towards Grindelwald. The whole trip takes about 30 minutes and leads over a partly winding road.

**Wengen**

Wengen is car-free. If we arrive by car, we have to leave it in Lauterbrunnen and take the train. The journey from Interlaken to Lauterbrunnen takes about 20 minutes.

- Arrival Grindelwald
- Arrival Lauterbrunnen
- Arrival by car video Jungfrau Region
- Lötschberg car transport

**Parking:**

**Grindelwald**

There are three public car parks: Parkhaus Eiger+ (252 parking spaces), Parkhaus Sportzentrum (160 parking spaces) and the new Terminal Parking (1000 spaces) of the V-Bahn. Alternatively, we can also use the car park in Grindelwald Grund.

**Wengen**

There is a multi-storey car park directly below Lauterbrunnen station. Alternatively, you can use the car park at the Lauterbrunnen church. From here, a bus leaves for the station every half hour. On foot we need about 10 minutes.

- Lauterbrunnen multi-storey car park

A covered passage leads from the Lauterbrunnen car park to the cable cars to Wengen.

**Public Transit:**

Thanks to its central location in Europe, Switzerland is served by international trains from over 12 countries. Within Switzerland, Intercity trains run from Basel and Lucerne directly to the Jungfrau Region. Travellers from Zurich change trains in Bern. The trains run every half hour.

**Grindelwald**





From Interlaken Ost railway station we reach Grindelwald without changing trains on the Bernese Oberland Bahn (BOB). Important: Get on the rear part of the train, as it splits in Zweilütschinen. If you get on at the front, you will end up in Lauterbrunnen. The journey takes 30 minutes to Grindelwald Terminal (V-Bahn). Three minutes later we are at the terminal in the village.

There are three stations in Grindelwald (Terminal, Grund and Dorf). The terminal station (Dorf) is in the centre of Grindelwald.

Wengen

From Interlaken Ost station we reach Wengen in 44 minutes. The blue and yellow train of the Berner Oberland Bahn (BOB) takes us to Lauterbrunnen. Important: We sit in the front part of the train, as it splits in Zweilütschinen. If you take a seat at the back, you will make a detour to Grindelwald. In Lauterbrunnen we change to the yellow-green train of the Wengernalp Bahn (WAB). This takes us to Wengen in 12 minutes.

- Timetable and ticket purchase SBB
- Arrival by train video Jungfrau Region

Maps:

Wanderkarte Jungfraubahnen

Additional Information:

More hikes in the Jungfrau Region







Unknown



Unknown



Unknown



Unknown



Unknown



Unknown



Unknown



Unknown



