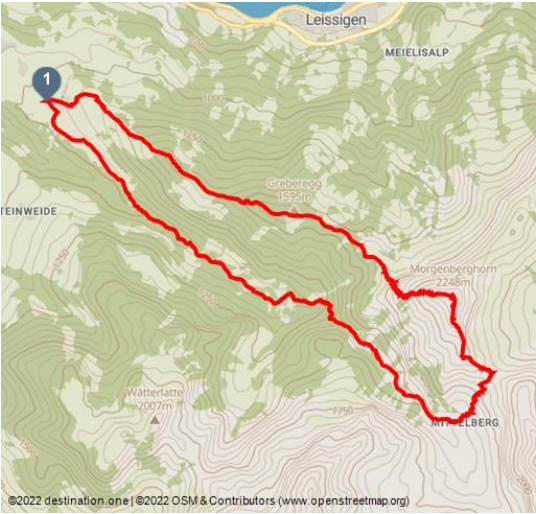




From Aeschiried to the Morgenberghorn

Hiking Trail



Morgenberghorn Gipfel. - © Jochen Ihle, Tourenplaner SCHWEIZ

Tour Dates:

hard
Difficulty

17,6 km
Distance

7 h
Duration

1383 m
Altitude

1383 m
Altitude descending

2249 m
Highest Point

981 m
Lowest Point

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ



The Morgenberghorn is a fantastic mountain viewpoint high above Lake Thun. The circular hiking trail starting and finishing in Aeschiried is long and demanding.

«Morgenberghorn 4 hrs 30 mins.» The sign displayed at the school in Aeschiried leaves no room for doubt: it's a long way to the summit, and you have to come back down. Therefore, you will need to start out early. Your first port of call is the Aeschispitz, a viewpoint mostly visited in winter. When there is enough snow, the lifts operate in the small but charming skiing area, so families and school groups in the local region can enjoy low cost ski runs on their own doorstep. From Aeschispitz, the trail passes through Bireberg to Greberegg and on to the Brunnihütte, the simple but welcoming mountain cabin and dormitory run by the Leissigen ski club. The northwest face of the Morgenberghorn looms over the Brunni Alp. The wall seems insurmountable, but an ascent channel secured with a chain winds its way through. The climb through the «Chemi» is fast and easy,

Ratings:

- ★★★★★ Kondition
- ★★☆☆☆ technique
- ★★★★★ Erlebnisqualität
- ★★★★★ Panorama

Address:

3703 Aeschi bei Spiez





after which you traverse the elongated west ridge to the summit. At the top is a forged iron flag adorned with the Swiss cross and the Bernese bear; there is also a summit register.

The Morgenberghorn guarantees 360° views. The lakes of Thun and Brienz are far below, while all around mountain peaks form a guard of honour. Since they can all be reached on foot, your thoughts may turn to your next hike: the Augstmatthorn, Niederhorn, Sigriswiler Rothorn, Niesen, Wätterlatte, Dreispitz and the Schwalmere are all rewarding destinations. Soon it's time to start the descent, which also takes time. You head down via the south ridge, where chains are provided for handholds over the scree. The views down into the valley basin of Saxeten and the Latrejenalp are majestic. The most leisurely section of the day tour begins at the Renggli pass, the transition from the Saxettal to the Suldtal valley: pass the mountain cabins of Mittelberg and follow the Latrejebach stream to a viewing bench with unobstructed views of the 80-metre Pochtenfall waterfall. A short while later you reach the restaurant of the same name, and toast one of the most beautiful hikes in the Bernese Oberland.

Startpoint:

Aeschiried, Schulhaus

Destinationpoint:

Aeschiried, Schulhaus

Directions:

From Aeschiried (1,015 m) to the summit (1,393 m) via Aeschiallmi. Continue via Bireberg (1,420 m) and Greberegg (1,550 m) to the Brunnihütte (1,644 m). Steep climb to the foot of the Morgenberghorn and through a chained ascent channel to the west ridge. From the ridge, the path to summit is steep but straightforward (2,249 m, summit cross and register). Take care when descending via the south ridge: a section of scree is secured with chains. From the Renggli pass (1,879 m), cross the alpine meadows to Mittelberg (1,525 m), then follow the Latrejebach stream via Schlieri (1,425 m) and Lauenen (1,370 m) to the viewing bench at the Pochtenfall waterfall. After a few minutes (downhill all the way), you reach the Pochtenfall restaurant in the Suldtal (1,080 m); from here the descent to Aeschiried takes around an hour.

Variants: from the Renggli pass, you can descend to Saxeten in around 90 minutes by PostBus; Wilderswil is around 2 hours 45 minutes by train.

Safety Guidelines:

Anspruchsvolle Bergwanderung. Kettengesicherte Passagen oberhalb Brunni und beim Abstieg zum Renggli pass. Trittsicherheit und Schwindelfreiheit erforderlich. Weiss-rot-weiss markiert, zwischen Morgenberghorn und Renggli pass weiss-blau-weiss markiert. Schwierigkeit: T3.

Equipent:

Normale Wanderausrüstung, stabile Bergschuhe.

Tip:

From the Greberegg, it is possible to descend to the Pochtenfall restaurant in the Suldtal in less than an hour, making this an attractive half-day option. Several

Author:

Jochen Ihle

Organisation:

Tourenplaner SCHWEIZ
<https://www.tourenplaner-schweiz.ch/>



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different descents are also possible from the Brunnihütte if you wish to cut the hike short: either head into the rear of the Suldtal or walk via Leissigbärgli to Lake Thun, where train connections are available to Därligen and Leissigen.

Getting There:

By car to Aeschiried via Spiez and Aeschi.

Parking:

Parking available at the school in Aeschiried.

Public Transit:

Train to Spiez, continue by PostBus to Aeschiried school.

Literature:

Jochen Ihle / Toni Kaiser: Die 55 schönsten Wanderungen im Berner Oberland. ISBN 978-3-03865-073-7, Rothus Medien, Solothurn, www.wandershop-schweiz.ch

Jochen Ihle / Toni Kaiser: Die 99 schönsten Rundtouren der Schweiz. ISBN 978-3-03865-059-1, Rothus Medien, Solothurn, www.wandershop-schweiz.ch

Jochen Ihle / Toni Kaiser: Die 101 schönsten Wanderungen der Schweiz. ISBN 978-3-03865-041-6, Rothus Medien, Solothurn, www.wandershop-schweiz.ch

Sabine Joss / Fredy Joss: Die 88 schönsten Gipfeltouren der Schweiz. ISBN 978-3-03865-071-3, Rothus Medien, Solothurn, www.wandershop-schweiz.ch

Maps:

LK 1:50 000, 254T Interlaken.

Additional Information:

Aeschi Tourismus, Scheidgasse 8, 3703 Aeschi, tel. +41 (0)33 654 1424, www.aeschi-tourismus.ch

From July to early October, the Suldtal bus (PostBus line) runs from Aeschiried to Suld (Pochtenfall restaurant) and back to Aeschiried on Saturdays, Sundays and bank holidays. A single trip costs CHF 5.00 per person. Reservations are required for groups of 10 or more Tel. 0848 100 222.

Possible stopovers include the Brunnihütte (open weekends, May to October), tel. +41 (0)77 438 0865, www.scleissigen.ch and the Mittelberg cabin (May to October), tel. +41 (0)33 654 2073. Restaurant Pochtenfall in the Suldtal valley, tel.



+41 (0)33 654 1866, <http://www.restaurant-pochtenfall.ch> Hotels and restaurants in Aeschi and Aeschiried.



Morgenberghorn (links) und Schwalmere (rechts). - © Jochen Ihle, Tourenplaner SCHWEIZ

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Kettengesicherte Passage am Morgenberghorn. - © Jochen Ihle, Tourenplaner SCHWEIZ





Kettengesicherte Passage oberhalb Brunni. - © Jochen Ihle, Tourenplaner SCHWEIZ

Alp Brunni und Thunersee. - © Jochen Ihle, Tourenplaner SCHWEIZ

Blick vom Morgenberghorn auf Eiger, Mönch und Jungfrau. - © Jochen Ihle, Tourenplaner SCHWEIZ

Restaurant Pochtenfall. - © Jochen Ihle, Tourenplaner SCHWEIZ

Morgenberghorn-Westgrat mit Blick auf Thunersee und Niesen. - © Jochen Ihle, Tourenplaner SCHWEIZ

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Wegweiser in Aeschiried, Schulhaus. - © Jochen Ihle, Tourenplaner SCHWEIZ

Blick auf die Schwalmere beim Abstieg zum Pochtenfall. - © Jochen Ihle, Tourenplaner SCHWEIZ

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