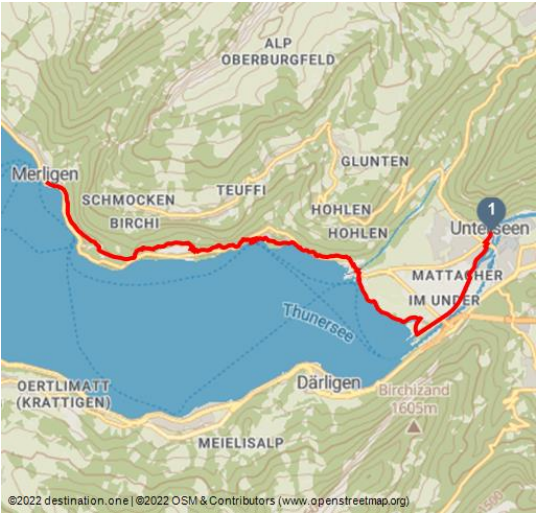











Bernese Oberland Trail: Interlaken to Merligen

Pilgrim Trail



Beatushöhlen - © Pilgerwege Schweiz

Tour Dates:

 medium Difficulty	 12,9 km Distance	 3 h 47 min Duration	 282 m Altitude
 272 m Altitude descending	 727 m Highest Point	 558 m Lowest Point	



Jakobsweg.ch

Ratings:

- ★★★★☆ Kondition
★★★★☆ Panorama

The «Bernese Oberland Trail» leads from Brünig to Amsoldingen, southwest of Thun, in 3-4 stages. After Brienz, the main route tracks the right bank of the lake as far as Interlaken. This route is closed in winter as the suspension bridge for pedestrians at Eblingen will be dismantled owing to the risk of avalanche (information available from the local authority of Oberried). However, another route is available on the left bank via the Giessbach Falls, and this makes a highly attractive alternative in the summer. The main route follows the right bank of Lake Thun at first. From Merligen (and after a boat ride) it follows the left bank from Spiez to Amsoldingen; however, an alternative right-bank route via Thun is available from Merligen.

Leaving the historic little town of Unterseen, we pass through modern residential areas lining the banks of the River Aare and make our way to the ruins of Weissenau Castle where the Aare flows into Lake Thun. We follow the line of the Aare delta, passing a nature reserve and reaching the mouth of the River Lombach at Neuhaus. Bypassing the foot of the Niederhorn, we head for the bay of Sundlauenen, a popular day-trip destination. After passing through the Sundlauenen delta, we move back up to Thunerseestrasse. Crossing this, we reach the start of the impressive Luk-Treppe, the pilgrim's path hewn into the rock that leads up to the entrance to the popular St. Beatus Caves, where Saint Beatus is said to have once lived. After this, much of the route passes through woodland. «Widmannsplatz» brings us to a viewing turret, where we take a break. The route to Merligen then crosses the Thunersee–Beatenberg funicular, shortly after which

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3800 Unterseen

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Organisation:

Pilgerwege Schweiz
<http://www.jakobsweg.ch/>



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we reach a stage location where we need to decide whether to continue along the right bank or take a boat to Spiez.

Source: outdooractive.com
ID: oaTour_24510844
Last changed on 07.03.2024, 05:03

Startpoint:

Interlaken/Unterseen, Untere Gasse

Destinationpoint:

Merligen

Directions:

Interlaken/Unterseen - Aare - Ruine Weissenau - Unteres Stadtfeld - Neuhaus - Sundlauenen - Sankt Beatus Höhlen - Balmholz - Merligen

Additional Information:

More on this section of the Jakobsweg

www.jakobsweg.ch/home/wegstrecken/bruenigpass-amsoldingen/interlaken-merligen/





Weissenausteg - © Pilgerwege Schweiz

Ruine Weissenau - © Pilgerwege Schweiz

Blick von Neuhaus über Thunersee - © Pilgerwege Schweiz

Lukktreppe zu den Beatushöhlen - © Pilgerwege Schweiz

