




## Springenboden winter hiking trail

Winter Hiking




Winterliche Landschaft auf Alp Ottenschwand - © Nicole Spychiger, Naturpark Diemtigtal


### Tour Dates:




medium  
Difficulty




6,9 km  
Distance




2 h 30 min  
Duration




230 m  
Altitude



215 m  
Altitude descending



1499 m  
Highest Point



1285 m  
Lowest Point

### Recommended Seasons:

|     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|
| JAN | FEB | MRZ | APR | MAI | JUN |
| JUL | AUG | SEP | OKT | NOV | DEZ |



**The winter hiking trail leads you through forests and pastures covered deep in snow, high above the valley floor of the Diemtigtal Nature Park and offers you impressive views.**

With the three variants of the winter hiking trail on Springenboden, you can shape your hike as you wish: The shortcut options via Ahorni or Neuenstift are ideal for shorter walks with little difference in altitude. The path via Alp Ottenschwand is rather demanding, but the ascent to 1500 m above sea level is rewarded with an impressive view of the rear Diemtigtal and the Simmental. Do you fancy something warm or would you like to enjoy the last rays of sunshine on a terrace? Back at the starting point, the restaurants are ideal for this.

Shortcut A "Ahorni": 3 km, 1 hour.

### Ratings:

- ★★☆☆☆ Kondition
- ★☆☆☆☆ technique
- ★★★★☆ Erlebnisqualität
- ★★★★☆ Panorama

### Address:

3755 Diemtigen





Shortcut B "Neuenstift": 5 km, 1.5 hrs.

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Rahel Mazenauer

**Startpoint:**  
Gsässweid Inn (Springenboden), Horboden

**Organisation:**  
Naturpark Diemtigtal  
<https://www.diemtigtal.ch/>

**Destinationpoint:**  
Gsässweid Inn (Springenboden), Horboden

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**Directions:**  
Follow the winter hiking trail from Springenboden to Ahorni before the trail climbs via Chüeweid, Neuenstift to Alp Ottenschwand. Far from the hustle and bustle of everyday life, you can enjoy an impressive panorama of the rear Diemtigtal and Simmental valleys. From Bärgli, you already start the descent back to the starting point.

<https://s.et4.de/kYMTd>

Source: outdooractive.com  
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Variante A: Branch off at Ahorni  
Variante B: Branch off at Neuenstift

**Safety Guidelines:**  
Be prepared for possible icy patches along the circular walk.

**Equipent:**  
Sturdy shoes with non-slip soles, clothing appropriate to the weather, food and drinks for the road

**Tip:**  
It's worth taking a look at the Swiss wrestlers' pavilion: in addition to exciting portraits of the wrestling kings, you'll find a product fridge with Diemtigtaler specialities.

**Getting There:**  
Motorway A6 Bern direction Zweisimmen, 1 km after the Simmenfluchtunnel turn left direction Diemtigtal. Follow the Diemtigtal road into the valley for 8 km until Horboden. Turn left here and follow the signs for "Springenboden" (6 km).

**Parking:**  
There is a large signposted car park between the Springenboden restaurant and the Gsässweid inn.

**Public Transit:**  
By train to Oey-Diemtigen station (Spiez-Zweisimmen line). Continue by post bus to the «Horboden, Chirel» stop. From here Springenboden can only be reached on foot (approx. 1 hr. 30 min.). On request there is a transport service to



Springenboden: Phone 079 616 90 45 / Phone 079 664 08 60 / Phone 079 669 31 14.

**Additional Information:**

The different variants of the winter hiking trail lead past a covered fireplace and a toilet (Kompotoi). Flyers with an overview map are available from the Diemtigtal Nature Park office.

Diemtigtal Nature Park

Bahnhofstrasse 20

3753 Oey

T 033 552 26 00

info@diemtigtal.ch

www.diemtigtal.ch/en

Open or closed? Find out in our > winter sports report





Winterwanderwege Springenboden - ©  
Rahel Mazenauer, Naturpark Diemtigtal

Springenboden mit Blick auf Wiriehorn und Schwarzenberg - © Nicole Spychiger, Naturpark Diemtigtal

Schneereiche Aussichten auf Springenboden  
- © Nicole Spychiger, Naturpark Diemtigtal

