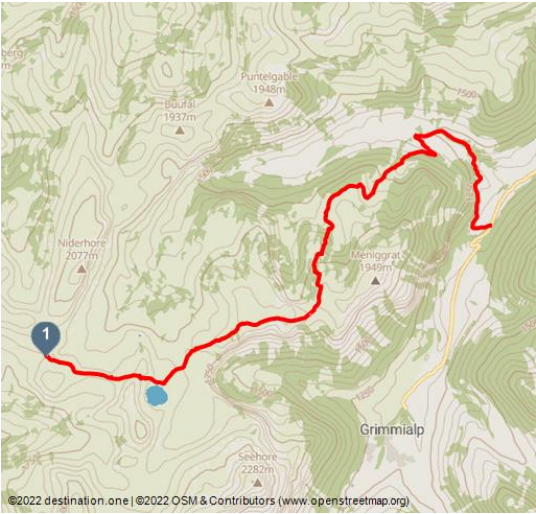





Hike Meienberg-Anger (Zwischenflüh)

Hiking Trail




Menigwald mit Niesenkette im Hintergrund - © Martin Wymann, Naturpark Diemtigtal


Tour Dates:




medium
Difficulty




10,8 km
Distance




3 h 30 min
Duration




202 m
Altitude



973 m
Altitude descending



1929 m
Highest Point



1081 m
Lowest Point

Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ



Hike from the Simmental into the Diemtigtal, from Alp Meienberg to Anger (Zwischenflüh). A culinary hike into the heart of the Diemtigtal Nature Park.

The hiking taxi takes you comfortably from Zweisimmen to Meienberg by appointment. The hiking trail from Meienberg leads you directly into the Diemtigtal Nature Park and the Spillgerte nature reserve. The hiking trail leads past flowering alpine meadows, cow pastures and roaring mountain streams. You reach one of the highlights, the lake Seeberg, after only a short hike. At the Seeberg mountain restaurant you have the opportunity to fortify yourself before continuing via the stand in the direction of Vordermenige and Menigwald. In Menigwald, the cosy mountain restaurant Sennhütte Menigwald invites you for lunch or a snack. Perfectly fortified, the trail leads you through the Gündlisgrabe down to the Bodenallmi. You hike along the Narebach on a short asphalt section until a bridge crosses the Narebach near Lussweid. From here, the hiking trail leads directly to your hiking destination, Anger, and thus to the PostBus stop.

Ratings:

- ★★☆☆☆ Kondition
- ★☆☆☆☆ technique
- ★★★★☆ Erlebnisqualität
- ★★★★★ Panorama

Address:

3770 Zweisimmen





Author:
Rahel Mazenauer

Organisation:
Naturpark Diemtigtal
<https://www.diemtigtal.ch/>

Startpoint:
Alp Meienberg, Zweisimmen

Destinationpoint:
Postbus stop Anger, Zwischenflüh

Directions:
The hiking taxi takes you from Zweisimmen to Alp Meienberg. From Meienberg, the hiking trail leads in half an hour directly to the lake Seeberg and thus into the Diemtigtal Nature Park. From the lake, the path turns left and after 10 minutes you reach the Seeberg mountain restaurant. Continuing along the hiking trail in the direction of the stand, the Diemtigtal takes you into one of its most beautiful and wildest areas at 1900 m above sea level. After a hiking time of approx. 1.5 hours, you reach the mountain restaurant Sennhütte Menigwald, which invites you to linger and enjoy. From here, the hiking trail leads through the "Gründlisgraben" until it reaches the road at "Bodenallmi" after about 40 minutes. Follow the Meniggrundstrasse along the Narenbach stream until the trail branches off to the right after about 10 minutes and continues over a bridge towards Anger. From here it is just under half an hour until you reach your hiking destination, the Anger PostBus stop.

Equipent:
Good mountain boots, clothing appropriate to the weather (sun/rain protection), possibly walking sticks, binoculars if necessary, pocket pharmacy, rucksack with food and enough drinks for the journey

Tip:
Delicacies straight from the alp: a visit to the Seeberg mountain restaurant or the Sennhütte Menigwald mountain restaurant are well worth it.

Getting There:
Motorway A6 Bern direction Zweisimmen, after the Simmenfluchtunnel follow the Simmentalstrasse for 30 km until Zweisimmen.

Parking:
Parking facilities in the village of Zweisimmen:

Railway station, approx. 180 parking spaces

Simmental Arena, approx. 180 parking spaces

Public Transit:
By train to Zweisimmen railway station (Spiez-Zweisimmen line). Continue with the hikers' taxi to Alp Meienberg (note the operating times of the hikers' taxi, by appointment only).



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Additional Information:

A hiking map is available from the Diemtigtal Nature Park office.

Diemtigtal Nature Park
Bahnhofstrasse 20
3753 Oey
Phone 0041 33 552 26 00
info@diemtigtal.ch
www.diemtigtal.ch

Hiking taxi Zweisimmen - Meienberg

Operates from June to October on Tuesdays and Thursdays at 9 am (other dates on request).
Registration by 5 pm the day before at Zweisimmen Tourism: Phone 0041 33 722 11 33 / zweisimmen@mob.ch





Seeburgsee - © Martin Wymann, Naturpark Diemtigtal

Weidende Ziegen auf Alp Meienberg - © Céline Perren, Naturpark Diemtigtal

Toller Blick ab Stand - © Rahel Mazenauer, Naturpark Diemtigtal

