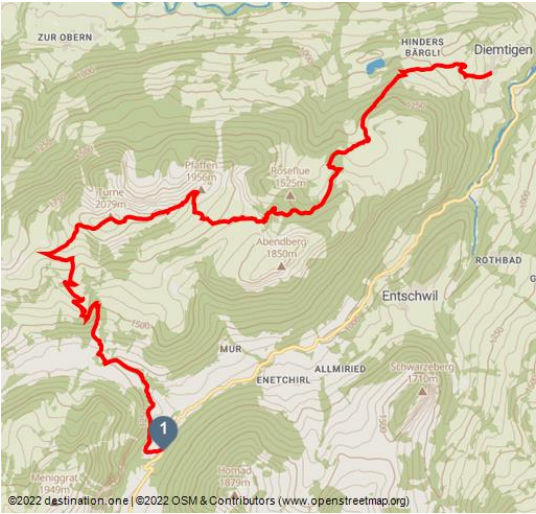




## Hike Anger (Zwischenflüh)-Turne-Diemtigen

Hiking Trail



Panorama ab Turne - © Céline Perren, Naturpark Diemtigtal

### Tour Dates:

medium  
Difficulty

15,2 km  
Distance

5 h 35 min  
Duration

998 m  
Altitude

1246 m  
Altitude descending

2079 m  
Highest Point

833 m  
Lowest Point



### Recommended Seasons:

JAN	FEB	MRZ	APR	MAI	JUN
JUL	AUG	SEP	OKT	NOV	DEZ

**You start at the Anger cattle showground and climb almost 1000 metres in altitude on this day. The climb to the Turne is definitely worth it, because the panoramic view is unique.**

The PostBus takes you comfortably from Oey-Diemtigen to the starting point, the Anger cattle showground in Zwischenflüh. From here, the hiking trail leads up towards the Seeberg lake, whereby you hike along a section of the mountain road towards Meniggrund. Shortly afterwards, however, you take the well-maintained hiking trail again, up to Tärfete, where you quickly gain height. The view is already brilliant here, but the highlight, the Turne, is still to come. The panoramic view on the Turne is simply unique and a fine lunch from the rucksack is just what you need.

As soon as you have had your fill, you start the descent via the "Pfaffe" to the "Rinderalp". Here you can fortify yourself with a fine coffee and local products. Via

### Ratings:

- ★★★★☆ Kondition
- ★★☆☆☆ technique
- ★★★★☆ Erlebnisqualität
- ★★★★☆ Panorama

### Address:

3756 Diemtigen





Alp Tschuggen - where you can also taste and buy products from the alp - you hike further downhill to the village of Diemtigen to the PostBus stop. Optionally, you can also hike the last section to Oey-Diemtigen railway station, which will take you an additional 30 minutes.

**Startpoint:**

Cattle showground Anger, Zwischenflüh

**Destinationpoint:**

Village Diemtigen

**Directions:**

From the livestock showground take the hiking trail towards lake Seeberg. After a short ascent, the hiking trail runs along the mountain road towards Meniggrund. After a short stretch, follow the hiking trail towards "Tärfete", where you will quickly gain altitude. You pass "Vordertärfete" and in "Hintertärfete" you continue on the hiking trail towards "Turnen". For the descent, you go down via "Pfaffe" to "Rinderalp", then via "Alp Tschuggen" to "Diemtigen". From there, the PostBus takes you back to Oey-Diemtigen station. If the timetable doesn't work out, you can also reach the village of Oey on foot (approx. 30 min., not included in the hiking time).

**Safety Guidelines:**

Your hike will take you through a variety of pastures - always keep your distance from the four-legged alp inhabitants.

**Equipent:**

Good mountain boots, clothing appropriate to the weather (sun/rain protection), hiking poles if necessary, binoculars if necessary, first-aid kit, rucksack with food and enough drinks for the journey

**Tip:**

Pay close attention to the public transport timetable so that the PostBus makes the relatively demanding tour easier for you.

**Getting There:**

Motorway A6 Bern direction Zweisimmen, 1 km after the Simmenfluchtunnel turn left direction Diemtigtal. Shortly afterwards you will reach the village of Oey, where you can park your car and take the PostBus to Anger (Zwischenflüh).

**Parking:**

Free parking is available on the market square in Oey. There are also sufficient parking spaces at the Oey-Diemtigen railway station, but these are subject to a charge.

**Public Transit:**

**Author:**

Rahel Mazenauer

**Organisation:**

Naturpark Diemtigtal  
<https://www.diemtigtal.ch/>



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By train to Oey-Diemtigen station (Spiez-Zweisimmen line). Continue by PostBus to the «Zwischenflüh, Anger» stop.

**Additional Information:**

A hiking map is available from the Diemtigtal Nature Park office.

Diemtigtal Nature Park  
Bahnhofstrasse 20  
3753 Oey  
Phone 0041 33 552 26 00  
info@diemtigtal.ch  
www.diemtigtal.ch

**Important links**

- > Timetable
- > Rinderalp mountain restaurant (German only)





Weidende Kühe - © Céline Perren, Naturpark Diemtigtal

Aussicht am Turne - © Céline Perren, Naturpark Diemtigtal

Aufstieg ab Hintertärfete - © Naturpark Diemtigtal, Naturpark Diemtigtal

Fels mit Aussicht - © Céline Perren, Naturpark Diemtigtal

Aussicht ab Turnen - © Céline Perren, Naturpark Diemtigtal

Bergpanorama - © Céline Perren, Naturpark Diemtigtal

