

# "InBalance" wellness centre, Spa Hotel Seepark



fitness wellness 360° pictures webcams summer



Congress Hotel Seepark, Interlaken Tourismus - web@interlakentourism.ch

#### Relax in the whirlpool, Finnish sauna or Kräuterhütte

#### Pay a visit to the "InBalance" wellness centre at the Hotel Seepark in Thun. Simply unwind and enjoy the myriad possibilities of the sauna complex. The warm, bubbling waters of the whirlpool have a wonderfully relaxing effect.

In keeping with its promise to soothe the mind, body and soul, the "InBalance" wellness centre offers a diversified feelgood experience. Unwind in the whirlpool and visit the Kräuterhütte where beneficial herbs boost your body's defences. The Finnish sauna will invigorate your circulation, while female guests will enjoy the atmospheric sounds of the mind sauna. There also a Kneipp path by Lake Thun. Complete your stay with an exquisite two-course meal at "theTimeless" bistro.

#### Your highlights at a glance

- · Spa and two-course meal at "theTimeless" bistro
- Sheer relaxation in the whirlpool
- Finnish sauna and mind sauna for women
- Kräuterhütte with medicinal herbs
- Kneipp path by Lake Thun

#### To ensure that your trip is perfect in every way, please note

- Check the opening times of the wellness centre before arriving
- Follow the instructions in the spa
- Make an appointment for a massage
- Find out about possible restrictions directly via the **provider's website**

#### Looking for more wellbeing inspiration?

Discover the Bernese Oberland's diverse wellness programme.

### **Features:**

**General Information** 



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winter

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